



Be All You Can Be!

“I’m Better Than That!”

Yolanda Wright Bezant
“YoBo”

My high school teacher Sister Maria Consilia used to say, *“Winners never quit – and quitters never win.”* At the same time Mama was filling my head with, *“Always be the best! No matter where you go in life, or what you choose to do, be the best! Even if you wind up being a streetwalker, make sure you’re selling the best stuff on the street!”* Then I got bombarded with messages of victory at church. My then pastor, Rev. K.L. Givens, was waaaaay before her time. Back when most pastors were preaching fire and brimstone, Rev. Givens was teaching the children’s choir songs like, *“I am a Promise! I am a Possibility! I am a Promise – with a capital ‘P’! I can be anything He wants me to be!!!”* Being fully armed with nothing but the positive all my life, it is no wonder that I set out to be more than a Conqueror ... with a capital ‘C’! I wasn’t afraid of a challenge! If I set my mind to do something, then consider it done! Giving in or backing down to anyone or anything was never an option!

How many of you know that too much of a good thing can be bad? There was nothing wrong with me going out to conquer the world, but without a dose of balance (not to mention reality), I was headed for trouble.

The country singer said it best: *“You’ve got to know when to hold ‘em, and know when to fold ‘em!”* That applies to people as well as situations. Some folks come into our lives for a reason and some for a season. When the season has ended, you’ve got to let Nature take its course! Let me explain something. There are some people I am obligated to keep praying for. But there are other folk who can push certain of my buttons, and the next thing I know, I’m setting down my Bible with the four translations and removing my gold cross so it won’t get broken while I’m fist fighting – all in the name of winning.

I am a slow learner when it comes to some things, and I’ll admit it took me a little too long to take off my boxing gloves once and for all and realize that some battles are not designed for me to win – but for me to walk away from. So for the first time in my life

I have thrown in the towel ... not because I wanted to, but because I needed to! And that brings us to our theme for the month: *“I’m better than that!”*

I have a feeling that I’m not the only person out there who has been fighting some losing battles. When I think of all the time I wasted putting positive energy into dead relationships which I was determined to resurrect, I feel like slapping myself. What the heck makes me think I can force people to be what I want them to be, when I have yet to become all I can be?

My pastor often says, *“The definition of insanity is doing the same thing the same way and expecting a different result.”* If fighting and cussing and arguing and everything else you have tried could not improve your situation, guess what? You probably need to throw in your towel too! That doesn’t mean you’re a quitter – it simply means you’re not insane. If the mess was ugly last month, and the month before that, and the month before that, and the month before that [please say *‘and the month before that’* 24 more times], is it any surprise that it’s still ugly this month?

You’d better be glad you kept reading all the way down to this point because I have good news for you. It doesn’t have to be ugly again next month because you can do something about it – now. Look at yourself in the mirror, give yourself a pep talk, and make it a point to remind yourself every day that you are better than that (whatever “that” may be to you).

I recently said to me, “Well, Yo, what are you going to do now, since you no longer have your towel?” Then I answered myself, “Honey child, I can’t tell you what I’m going to do, but I can sho’ nuff tell you what I won’t be doing – because I’m better than that!”

I dare you to be all you can be! See you next month.

**YoBo is a writer and inspirational speaker.
Visit her at www.YoBoProductions.com**