

Be All You Can Be ~ THE NEWSLETTER

NO REGRETS

By Yolanda Wright Bozant ~ YoBo



*Jewel Marjorie Canton Bowie Wright
"Mama"*

July 20, 2010 -- Six years ago today my mother died. Monday, July 19 began as any other day. I had no idea that when I awoke on July 20 Mama would be gone. In my mind I went back to the morning of July 19 and tried to rehearse the day's events. I asked myself, "If you could have done anything differently, would you have?" I answered myself, "Absolutely not."

It is such a blessing to live life without regret -- not just as it relates to Mama but in every area. While I admit I have made a truckload of bad decisions, I have also chosen to walk away with a Life Lesson instead of the coulda, woulda, shouldas. I strive to make choices today that won't lead to regret tomorrow.

On this 6th anniversary of Mama's death, I can't waste two seconds crying about the past. Instead, I put that time to good use by creating memories with my own children because as sure as Heaven's happy (as Mama used to say), I'll be gone one day too. And I plan to die the same way I am living: with no regrets.

Excerpt from "A Dose Of Act Right:
Devotionals To Start Each Day On The Good Foot"